

QUARTER 1 • APRIL - JUNE 2026

SHAKTI®
— BY SARVAM FOUNDATION —

TIMES OF SHAKTI

Charting new milestones through
corporate partnerships, community
recognition, and holistic wellness



FLIGHT OF LEADERSHIP, ANCHORS OF SERVICE



SARVAM FOUNDATION

H 24/23, DLF CITY PHASE 1, SECTOR 26, GURGAON

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From Our



TEAM's Desk



Alka Sondhi

(Lead Computer Shiksha Head)

The daily routine of the Shaktis at Sarvam Foundation during the months of April to June was filled with excitement, learning, and meaningful experiences. Every day brought new opportunities for growth, especially after the girls completed their final examinations at their respective schools. The girls enthusiastically participated in self-defence classes, storytelling sessions, dance, and yoga, learning a variety of techniques under the guidance of our founder, Neha Bhatnagar. Through her personal involvement, she touched the life of every girl, nurturing their physical fitness, mental well-being, confidence, and inner strength.

A new Instagram page, Powerpuff Girls of Sarvam, was launched to showcase the girls' journey. Their energetic dance performances, creative activities, and inspiring short videos received tremendous appreciation, with several videos going viral. Another significant milestone was the introduction of an Art of Living Foundation course for the girls. The program proved to be highly beneficial, helping them develop greater focus, emotional balance, and inner strength through the chanting of mantras and mindfulness practices.

These three months were a beautiful journey of learning, empowerment, creativity, and holistic development for every Shakti at Sarvam Foundation.

Each day spent at the Sarvam Foundation reminds me that it is not just a place of learning, it is a place where everyone learns. Each day offers a new lesson in compassion, resilience, and the quiet power of collective effort. What is most striking is the care that goes into the smallest details. From preparing a nourishing herbal health drink to serving wholesome meals, everything is done with thoughtfulness and love. Watching the Shaktis enjoy every meal with smiles and gratitude is a gentle reminder that nutrition is not merely about food, it is about dignity, care, and belonging. Behind every confident conversation is the dedicated effort of mentors and volunteers who generously give their time to strengthen the Shaktis' English communication skills and provide academic support. Equally inspiring is the sight of the Shaktis working confidently on computers, embracing digital skills that hold a promise to opening doors to new opportunities.



Alka Misra

(Super Shakti Project Head)

The Super Shakti Project has, over the past few months, gathered remarkable momentum. For many women, Sarvam has become a safe and encouraging space where they are rediscovering confidence, purpose, and hope.

Their commitment is visible every morning as they practice yoga with sincerity and discipline under Nehha's guidance, embracing healthier lifestyles and taking ownership of their well-being. The crochet initiative is another beautiful example of perseverance in action. Patiently, stitch by stitch, the Super Shaktis have progressed from learning basic techniques to creating intricate products with growing confidence and skill. Each completed piece represents not just craftsmanship, but a step towards financial independence and self-reliance.

What makes the Super Shakti Project truly special to me is that it is not driven by any one individual. Its strength lies in a shared commitment. On one hand are the Super Shaktis themselves, whose determination, willingness to learn, and unwavering perseverance inspire everyone around them. On the other is the Sarvam team, who has embraced this initiative wholeheartedly, investing their time, expertise, and unwavering belief in every woman's potential. Together, we have created an environment where every hand is held, and every woman is encouraged to move forward at her own pace. This spirit of partnership and shared purpose is what makes the Super Shakti Project so meaningful, and what gives us confidence that its impact will continue to grow, ensuring that no Shakti is ever left behind.



Art of Living's Unsung Heroes Award

This quarter marks a milestone for Sarvam Foundation! Our founder, Nehha Bhatnagar, was honored with the **Art of Living's Unsung Everyday Heroes Award in Business and Philanthropy.**

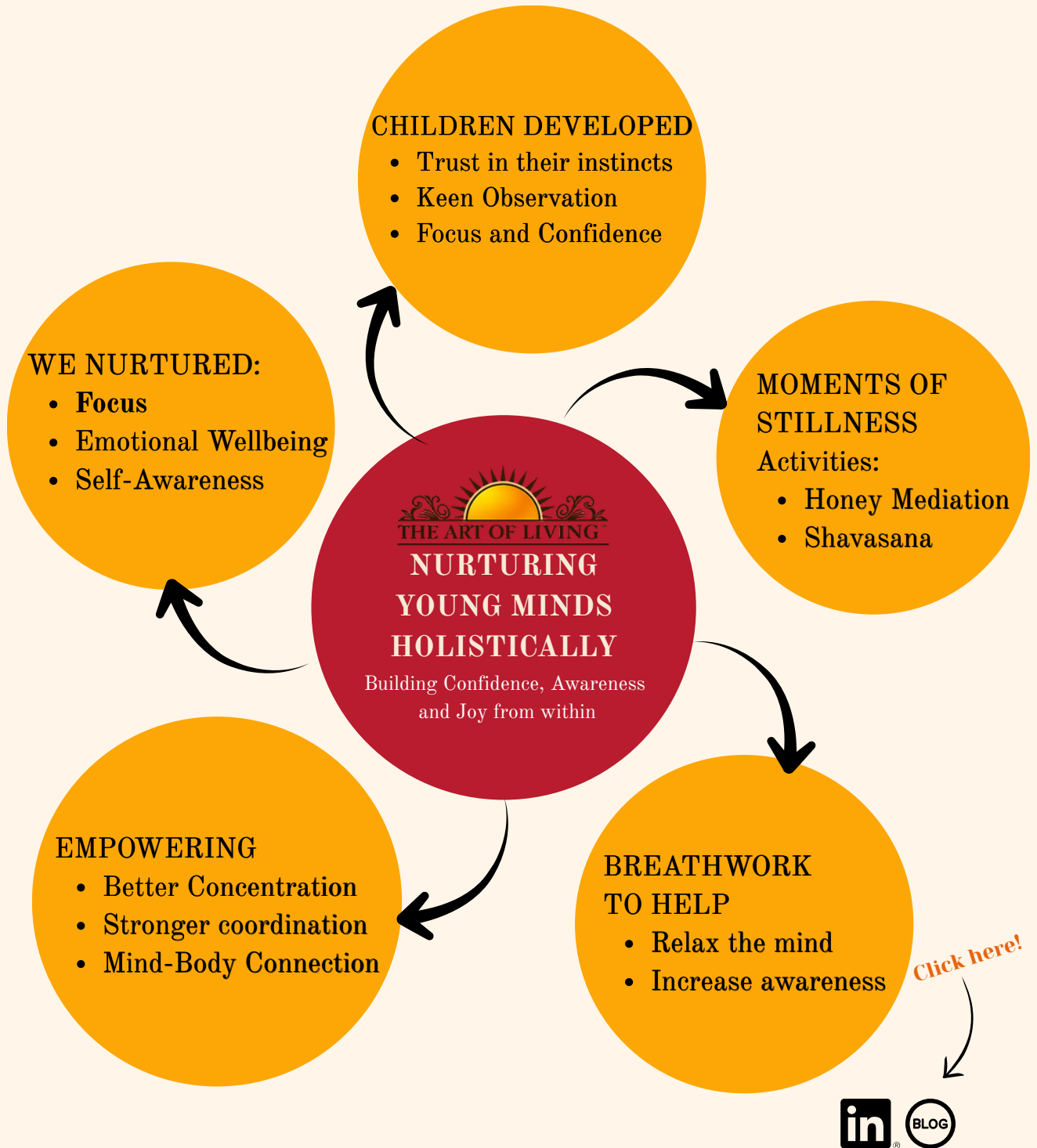
For a leader who has spent 15 years deflecting the spotlight to illuminate others, this tribute is so well-deserved. Through Sarvam Shakti, Nehha lovingly designed a **holistic model of classical arts, yoga, nutrition, and life skills** empowering over 1,000 girls across **Delhi, Gurgaon, and Bangalore** to build their careers and claim their independence. The true magic of the evening unfolded when our incredible Shakti girls took the stage, bringing the room to life with a breathtaking classical dance performance.

This award honors her silent, heavy lifting away from the cameras. By earning the trust of conservative families, she turned them into the fiercest champions of their daughters' voices. **We are deeply grateful to Nehha for her unyielding belief** and for never walking away when the groundwork was heavy and unseen.



Thank you to our Nehha ma'am for giving a thousand girls their voices and building an enduring legacy of love and empowerment that brightens our entire world.





The **Sarvam Shakti Foundation** partnered with **The Art of Living** for a week-long Intuition Programme to nurture our girls from within. Guided by mindfulness, somatic movement, and meditation. **From sensory blindfolded games that cultivated deep self-trust to rhythmic breathwork like Sudarshan Kriya, the girls learned to quiet external noise, strengthen their mind-body connection, and discover a lasting sense of inner peace.** Thank you to our Facilitators Priyanka Ma'am and Kapil Sir, and The Art of Living for partnering with us and providing our girls with invaluable tools for emotional resilience and inner peace.

Rotary Vocational Service & Vocational Excellence Award

The Rotary Club of Delhi Central recently honored our founder, **Nehha Bhatnagar**, with both the **Vocational Services Award** and the **Rotary Vocational Excellence Award** for using her professional mastery to uplift the community. This prestigious recognition celebrates leaders who achieve the highest standards of professional excellence while channeling their unique skills into grassroots service.

Adding to the joy of the evening, our incredible Shakti girls graced the stage with a beautiful classical dance performance. Their poise and radiant energy completely captivated the room, moving the audience deeply. **The room was electric.** This historic night has profoundly elevated Sarvam Shakti, opening up a beautiful new chapter of visibility, community trust, and local support to fuel our mission.

This is what happens when you pour unconditional belief into young girls and give them a platform to shine.

It stands as a living testament to sustained, value-driven leadership—proving that our girls can completely transform their own futures and rewrite societal norms.

Watch This!  





ALLIES IN IMPACT

Rotary X Sarvam Shakti

From 2015 to 2018, **Rotary Club** opened doors of exposure for our girls, year after year including a memorable trip to Amritsar that gave many their **first flight experience**. For young girls stepping onto a tarmac for the first time, it was more than travel; it was a glimpse of how wide the world could be. That same spirit continues today, as our new Shaktis inherit this legacy of opportunity. We remain deeply grateful to Rotary for consistently **inspiring growth through experiences** that shape confidence and ambition.



Watch this!



Air India X Sarvam Shakti

At **Air India's Priority Connect**, Sarvam Shakti's girls delivered more than a performance — they commanded a stage built for stakeholders, their formations rising into the silhouette of flight itself, proof that **talent transcends circumstance**. Months of quiet discipline, sustained alongside full academic days, met their moment with precision. To Air India: our sincere gratitude for a platform that recognized these girls exactly as they deserved, and for an evening they will carry into every room they enter next.



Watch this!

PVR X Sarvam Shakti

Sarvam Foundation brought **114 Shaktis to PVR Cinemas** for an exclusive screening of Return of the Jungle, a story of courage, unity, and resilience that resonated deeply with the girls. Beyond entertainment, it was cultural access rarely afforded to them, a reminder that **holistic development includes moments like these**. To PVR Cinemas, our thanks go well beyond the venue provided — for treating 114 girls with a professionalism and warmth they will not soon forget.



Click here!



Leela Ambience X Sarvam Shakti

At The **Leela Ambience**, Sarvam Shakti's girls were given a stage commensurate with their discipline. Performing in such refined surroundings did more than showcase talent — it placed these girls inside a setting they had rarely occupied, quietly **expanding their sense of what spaces they belong in**. To The Leela Ambience: our sincere gratitude for a platform that matched their effort with equal dignity, and for an exposure these girls will carry forward with pride.



Click here!



Khuli Khidki X Pianoman

At **Khilli Khidki Pianoman, 32nd Avenue** Gurgaon, Sarvam Shakti's girls took the stage once more, this time under lights that matched their preparation. Every formation reflected **months of discipline**, executed with the confidence that comes from earning a moment rather than being handed one. Opportunities like this affirm that stages are theirs to stand on, not simply admire. **To Miss Lavanya Mendiratta and The Veritas Group:** our sincere gratitude for a platform our girls rightfully deserved.



Holistic Health for Shaktis

Dental Checkup at Dr. Sana's

Dr. Sana Wahi's Family Dental Centre brought a dental check-up camp to our Shaktis, giving each girl the attention and care she rightfully deserves. Her team worked through the day with quiet dedication, ensuring no girl was overlooked. Beyond treatment, it was proof that access to **health should never depend on circumstance**. To Dr. Sana Wahi and her dedicated team: our sincere gratitude for empowering these girls with brighter, healthier smiles, and for a day that reminded them they matter.



[Click here!](#)



Strength Through Yoga

This International Yoga Day, Shaktis across two cities chose discipline before sunrise. At **C-8, Vasant Kunj**, girls moved through focused asanas before transitioning into semi-classical performances, embodying presence in both body and expression. At **H5 Park, Gurgaon**, forty-seven Shaktis practised in synchrony under Neha Di's guidance, proving collective discipline builds individual confidence. **Two cities, one early morning** — proof that the Shaktis' commitment runs deeper than any single session.



Bengaluru Chapter: Deepening Roots, Expanding Horizons

This quarter has been one of remarkable growth at our Bengaluru centre, with a renewed focus on culture, discipline, and holistic development. Our Shaktis have immersed themselves in **five traditional Kannada folk dance forms**, learning each style with authenticity and dedication. We've included traditional props also such as drums, sticks, cymbals, and other cultural elements- allowing the girls to experience and present these folk traditions in their true essence.



Another significant focus has been the **learning of Sanskrit shlokas**. At Sarvam, we believe Sanskrit is more than an ancient language; its chants carry a sense of positivity and calm while helping children improve concentration, memory, and mental sharpness. Through this practice, our Shaktis are not only reconnecting with India's timeless heritage but also strengthening their minds.



The biggest, most joyful news of all:

Our beloved founder, Nehha Bhatnagar, is finally **back in India!** Her presence has immediately shifted the energy in our Bangalore Chapter. Her focus has been on nurturing creativity, discipline, and cognitive development through engaging brain games and interactive learning experiences. The girls are growing



At Sarvam, we believe that true education is not limited to academics. It is about nurturing the mind, preserving culture, and shaping individuals who are rooted in their values while confidently embracing the future.



@Sarvamshakti

Hello Summer Vacation

Summer vacations, for most children, mean little beyond homework and **idle hours**. This year, Sarvam Shakti wrote a different script, keeping our **centre open morning to evening**, turning the break into genuine engagement.

Girls filled their days with **fun games and activities, intuition exercises building intuitive trust in themselves, a Jazz workshop that stretched them into new movement, and self-defence training that instilled real confidence**. Nothing here was filler; each activity was chosen with intent. What could have been a pause instead became momentum- the Shaktis didn't take a break from growth this summer, they simply grew differently.



Graduation Ceremony

Sarvam Shakti celebrated the **Graduation Ceremony** marking real achievement across our students, with Khushi and Shivani among those scoring an impressive 99% in their respective subjects. Moments like these are the **clearest proof of what holistic development actually builds: academic excellence alongside discipline, confidence**, and every stage these girls have stood on along the way. Their results reflect what Sarvam Shakti works consistently to instill in every Shakti. We remain deeply proud of all our graduates. **Congratulations to each of them — this is only the beginning.**



Building Super Shaktis

Empowerment, at Sarvam Foundation, is never built on a single front. What began in January 2026 as a simple crochet training programme has grown into a quiet journey of skill and independence nearly 30 Super Shaktis now confidently create market-ready pieces, from table runners and phone covers to coasters and pouches. **For many, crochet has become far more than a craft: a pathway to dignity and financial independence,** turning a simple ball of yarn into a chance to learn, earn, and dream a little further.



Alongside this runs an equally vital thread of care. Each morning opens with Pranayama, yoga asanas, and a calming Shavasana, giving every Super Shakti a few quiet minutes to meet the day with a **steadier body and a peaceful mind — many now speak of real relief from stiffness and better posture.** Gentle talks on nourishing, affordable food follow, and each day closes with something simple and warm: a fresh banana, a glass of sattv or kanji, and a multivitamin to round out the day's care.

Your support is what makes this possible — turning a stitch into a skill, and a quiet morning practice into lasting strength. **Every contribution helps our Super Shaktis grow a little more each day, in skill, health, dignity, and hope.**



A Year Older. A Legacy Stronger.



There are some people who don't just grow older; they grow more exquisite. They collect years not as a gathering of light, wisdom, and an ever-deepening grace.

This quarter, we pause to celebrate the heartbeat of so much of what we do: our beloved Hemangi ma'am, as she celebrates a birthday that can only be described as aging to perfection.

To know Hemangi ma'am is to understand what true, quiet power looks like. She stands as a beautiful reminder of the power of steady devotion, unconditional warmth, and fierce, nurturing love.



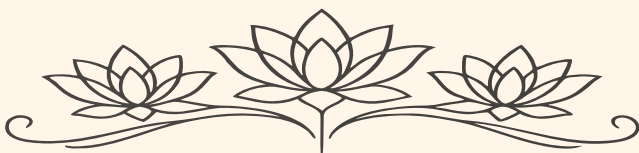
[Click here!](#)

They say that perfection isn't a static point- it is a continuous refining. With every passing year, Hemangi ma'am becomes an even more magnificent version of herself. The wisdom in her eyes, the effortless dignity in her posture, and the sheer generosity of her spirit are proof that life, when lived with an open heart, only makes a woman more beautiful.

She has poured so much of herself into building, supporting, and holding space for others. Today, we want to hold that space entirely for her.

Hemangi ma'am, you are a masterclass in what it means to walk through this world with your head held high and your heart wide open. Thank you for being our guide, our comfort, and our inspiration.

Happy Birthday to a woman who is, in every single way, aged to absolute perfection. We love you!



More Information About US!



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